



Why Bring Benny and Baily Bee to Your School or Home?

Model Positive Behavior:

Benny and Baily demonstrate how to make good choices, helping children learn through example. Benny focuses on teaching expected behavior, while Baily guides children on managing unexpected behavior.

Fun Learning:

They make lessons engaging and enjoyable, transforming learning about behavior into an interactive experience.

Reinforce at Home and School:

Their consistent presence supports children in understanding and practicing expected behaviors both at home and in the classroom.

Learn from Mistakes:

Through stories featuring Benny and Baily, children see how the characters handle and learn from their mistakes. This approach teaches that errors are part of learning and emphasizes the importance of making better choices in the future, making the lessons universally relatable and less personal.

Attached are social stories you can use to prepare your child/class for various situations

What are Social Stories?

Social Stories: Short stories that help children understand and navigate social situations.

- **Purpose:** To teach kids how to behave appropriately in different scenarios.
- **Language:** Written in simple words that are easy for children to understand.
- **Use:** Parents can read these stories with their children to support learning and comfort in social interactions
- **Benefits:**
 - **Reduces Anxiety:** Helps children feel less worried about what to expect in new situations.
 - **Teaches Skills:** Guides children on how to make friends, share, or follow rules.



Benny and Baily Go to the Doctor



Today Benny and Baily are going to visit the doctor! Benny feels a little nervous, but Baily reminds him that the doctor is there to help keep them healthy and strong.

Before the Visit:

Benny and Baily make sure they are ready. They eat a good breakfast and wear comfortable clothes. Baily says, “It’s okay to ask questions at the doctor’s office. The doctor wants to help us understand everything!”

Arriving at the Doctor’s Office:

When they arrive, Benny and Baily walk into the waiting room. It’s a nice place with chairs and toys. Sometimes, they need to wait a little before seeing the doctor. Benny sits with Baily, and they read a book together.

Meeting the Doctor:

Soon, the nurse calls Benny and Baily’s names. They walk into the exam room and meet Dr. Honeywell. Dr. Honeywell is kind and smiles at them. “Hello, Benny and Baily! I’m here to check how strong and healthy you are!” says the doctor.

The Check-Up:

First, the doctor listens to Benny’s heart with a stethoscope. It feels cold, but Baily says, “It’s just checking your heart—nothing to worry about!” Then, the doctor checks Benny’s ears, mouth, and eyes with a little light. Everything looks great!

Sometimes the doctor will ask you to take deep breaths, or they may check your height and weight, just like Benny and Baily did. Dr. Honeywell says, “This helps me see how much you’ve grown!”

If You Need a Shot:

Copyright © 2024, Harnessing Habits. All rights reserved.

This material is for personal use only. No part of this document may be reproduced, distributed, or transmitted in any form without the prior written permission of Harnessing Habits.



If Benny needs a shot, Baily is there to hold his hand. “It’s just a quick pinch,” Baily says, “and it helps keep us healthy!” Benny takes a deep breath, and before he knows it, the shot is over.

All Done!

When the check-up is done, Dr. Honeywell says, “You did a great job, Benny and Baily! You’re healthy and strong!” Benny feels proud, and Baily smiles. Before they leave, the doctor gives them a sticker for being brave bees.

After the Visit:

Benny and Baily say goodbye to the doctor and head home. Benny feels much better about doctor visits now. “That wasn’t so scary after all,” Benny says. “Next time, we’ll know exactly what to expect!”



Benny and Baily's Fire Drill



Today, Benny and Baily are going to practice a fire drill at school. A fire drill helps everyone learn how to stay safe in case of a real fire.

Before the Drill:

Benny and Baily's teacher explains that they will practice a fire drill. The teacher says, "A fire drill is a practice to make sure we know what to do if there's a fire. It's important to listen carefully and follow the instructions."

During the Drill:

When the fire drill starts, Benny and Baily hear a loud alarm. The alarm might sound very loud, but it's just for practice. Benny and Baily cover their ears and follow their teacher to the door.

Walking to Safety:

Benny and Baily line up quietly and walk outside with their class. They stay together and follow the teacher to a safe place away from the building. Benny walks calmly, holding Baily's hand to feel safe.

Waiting Outside:

Outside, Benny and Baily wait quietly with their class. They can talk softly to their friends or play a quiet game. Benny knows that the teacher will tell them when it's time to go back inside.

All Done:

When the fire drill is over, Benny and Baily return to their classroom. The teacher says, "Great job, everyone! You followed the rules and stayed safe." Benny feels proud and knows that practicing helps everyone stay prepared.



Benny, Baily, and the Bee Help Alex Share his Toy



Today, Alex is playing with a new toy. His little brother wants to play too, but Alex doesn't want to share. Alex holds onto the toy, and his brother starts to cry.

Alex Playing with the Toy:

Alex is having so much fun with the toy. His brother says, "I want to play too," but Alex keeps the toy all to himself.

Baily the Bee Helps:

Baily the Bee sees that Alex's brother is sad. Baily buzzes over and says, "Alex, it's important to share. Your brother is feeling upset because he wants to play too."

Benny the Bee Explains Sharing:

Benny the Bee adds, "Sharing means we let others have a turn. When we share, everyone gets to play and have fun. It's a nice way to be a good friend!"

Taking Turns:

Alex listens to Baily and Benny the Bee. He decides to let his brother have a turn with the toy. They take turns playing and both have a lot of fun together.

Happy Ending:

When playtime is over, Benny and Baily the Bee thank Alex for sharing. They put the toy away and feel happy. Benny says, "Great job sharing, Alex! We all had a wonderful time playing together!"

Feeling Good:

Alex feels happy because he learned that sharing makes playtime more fun for everyone. Benny and Baily the Bee are happy they helped Alex be a good friend.

Contact Us!

Copyright © 2024, Harnessing Habits. All rights reserved.

This material is for personal use only. No part of this document may be reproduced, distributed, or transmitted in any form without the prior written permission of Harnessing Habits.



To learn how to bring Benny and Baily into your home on a personal level and cultivate positive habits, email us at info@harnessinghabits.com or visit our website at www.harnessinghabits.com.